

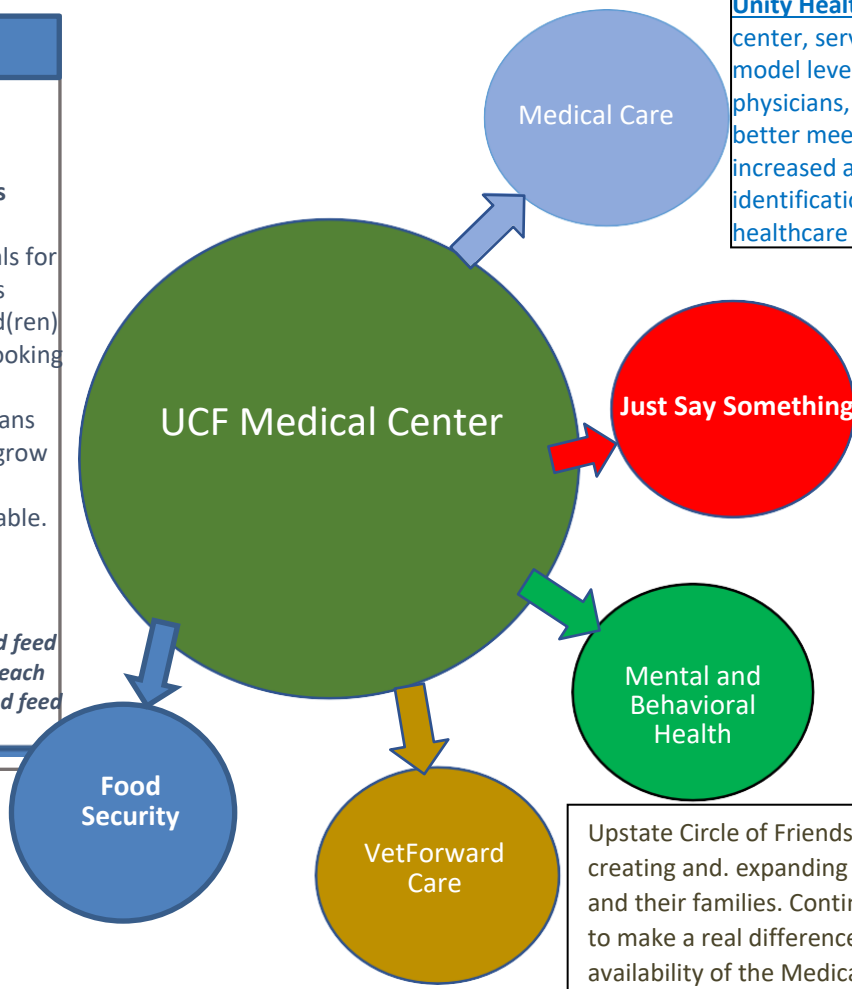


Theory of Change for District 25 Upstate Circle of Friends' Medical Center

A team created through a collaboration with Unity Health on Main (UHM), Just Say Something (JSS), and mental health professionals will provide a holistic approach to family-centered health and wellness, expanding services to under-resourced communities by establishing the UCF Medical Center. This coordinated care system with wrap-around support services will focus on minority, uninsured families and veterans in Greenville County. This facility will provide medical and mental health care, intensive case management, behavioral health, nutrition & wellness education, and supportive parenting classes in a culturally sensitive environment.

Food Security
UCF will provide through the campus Teaching Garden:
-Hot, nutritious meals for each Parenting Class participant and child(ren)
-Healthy eating & cooking classes for parents
-Backyard garden plans and instructions to grow nutritious fruits and vegetables for the table.
-Safe Food Handling classes.

Give a box of food and feed a family for a week. Teach them to grow food and feed them for a lifetime.



Unity Health on Main (UHM), an established community health center, serves all regardless of ability to pay. This medical home model leverages a multi-disciplinary team of providers, including physicians, nurses, nutritionists, counselors, and case managers, to better meet patient needs. This model reduced ER visits and increased access to preventative screenings that support the early identification and prevention of chronic disease while reducing healthcare costs.

Just Say Something's Strengthening Families Program (JSS) (Parents and children ages 6 - 11) involves the whole family and reduces environmental risk factors and increases personal resilience while improving protective factors against drug use in high-risk youth. Research confirms that JSS also effectively reduces risk precursors for child abuse and neglect, school behavioral problems, mental disorders, and juvenile delinquency.

Mental and behavioral health partners of Unity Health on Main are in sync with understanding the importance of breaking barriers that hinder individuals' ability to afford out-of-pocket mental health services due to the lack of health insurance coverage, transportation, and language barriers that pose challenges to quality mental health care—providing fully integrative care.

Upstate Circle of Friends, a 501(c)3 organization, has spent over a decade creating and expanding opportunities to enhance the quality of life for youth and their families. Continuing in this mission, UCF has found another opportunity to make a real difference for our Greenville veterans in need. This includes the availability of the Medical Center when VA is not a ready option, added Yoga classes, Professional Development, Career Coaching, and housing, as no veteran family should experience homelessness.

UCF IS A 501(C)3
on a 10+ acre campus, providing space for other companies providing needed services to the low-income, unemployed, and underemployed. These include financial literacy, day care (pending), employment workshops, and more. All now with the opportunity to utilize the **UCF Medical Center**.